

Discovery Special Academy



A guide to help support good attendance.



“Attend today. Achieve tomorrow.”

As you are aware, attending school regularly helps children in many ways including:

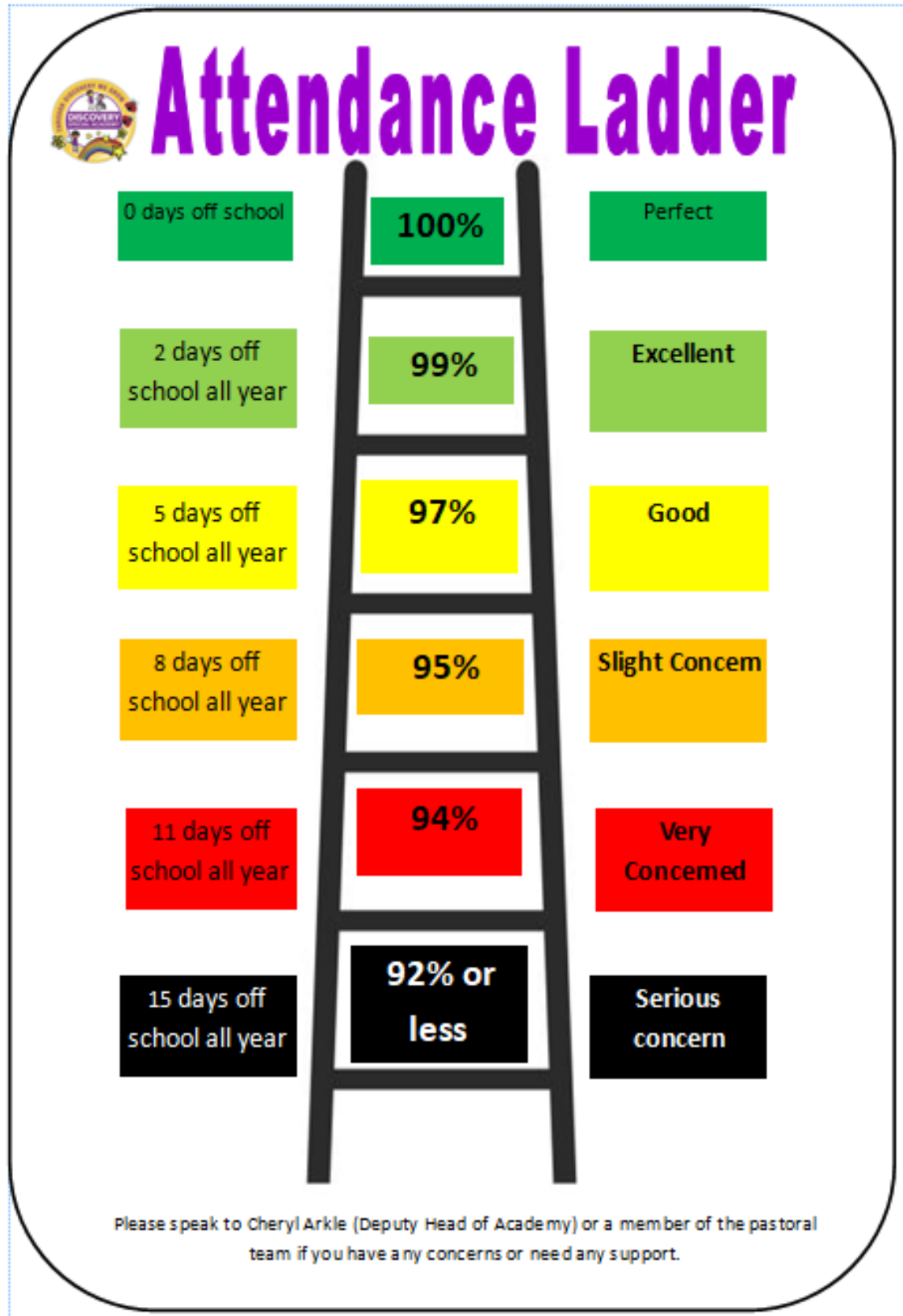
- Establishing routines
- Developing their social and emotional skills
- Developing independence
- Developing communication
- Supporting pupils to be resilient and confident

These are all things that enable children to be happy and to thrive. We wish to work with you to help your child reaches their full potential. **This can be achieved by ensuring your child comes to school every day.**

We know it can be difficult deciding whether or not to keep your child off school when they are unwell.

There are government guidelines for schools that say when children should be kept off school and when they shouldn't.

In line with the Trust Graduated Response to attendance, the information below shows when we would become concerned about absences in the academy.



Common Childhood Illnesses

High Temperature

If your child has a high temperature, keep them off school until it goes away.



Coughs and Colds

It's fine to send your child to school with a minor cough or common cold. But if they have a high temperature, keep them off school until it goes.



Feeling Anxious or worried

It is normal for children to feel a little anxious sometimes. They may get a tummy ache, headache or have problems eating or sleeping.

Avoiding school can make a child's anxiety about going to school worse. It's good to talk about any worries they may have such as friendship problems, schoolwork or sensory difficulties. You can also work with the school to find ways to help them.



Cold Sores



Children can attend school with cold sores.



Chicken Pox

Keep them off school until all the spots have crusted over. This usually takes about 5 days.



-  Your child can come to school.
-  Your child should stay at home until well.

Conjunctivitis

You don't need to keep your child away from school if they have conjunctivitis, unless they are feeling very unwell.



Ear Infection

If your child has an ear infection and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.



Head lice and nits

There is no need to keep your child off school if they have head lice.



Impetigo

If your child has impetigo, they'll need treatment from a pharmacist or GP, often with antibiotics.

Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment.



Measles

If your child has measles, they'll need to see a GP. Call the GP surgery before you go in, as measles can spread to others easily. Keep your child off school for at least 4 days from when the rash first appears.



Scarlet Fever

If your child has scarlet fever, they'll need treatment with antibiotics from a GP. Otherwise, they'll be infectious for 2 to 3 weeks.

Children can go back to school 24 hours after starting antibiotics.



Ringworm

If your child has ringworm, see your pharmacist unless it's on their scalp, in which case you should see a GP.

Children can go to school once they have started treatment.



Slapped Cheek Syndrome (fifth disease)

You don't need to keep your child off school if they have slapped cheek syndrome because, once the rash appears, they are no longer infectious.



Sore Throat

You can still send your child to school if they have a sore throat. But if they also have a high temperature, they should stay at home until it goes away.



Threadworm

You don't need to keep your child off school if they have threadworms.



Hand, Foot and mouth disease

If your child has hand, foot and mouth disease but seems well enough to go to school, there's no need to keep them off.



Information Websites

NHS Common illnesses

www.cambspborochildrenshealth.nhs.uk

NHS Is my child too ill for school?

www.nhs.uk/live-well/is-my-child-too-ill-for-school

NHS Treating common colds

www/.nhs.uk/conditions/common-cold

NHS Anxiety in children

www.nhs.uk/mental-health/children-and-young-adults/advice-for-parents/anxiety-in-children

NHS I am feeling unwell what should I do?

www.oxfordhealth.nhs.uk/leaflets/title/i-am-feeling-unwell-what-should-i-do



If you need any advice or support with regards to your child's attendance, please contact the academy.

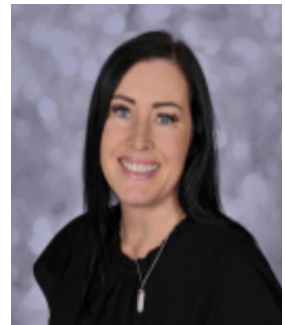


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